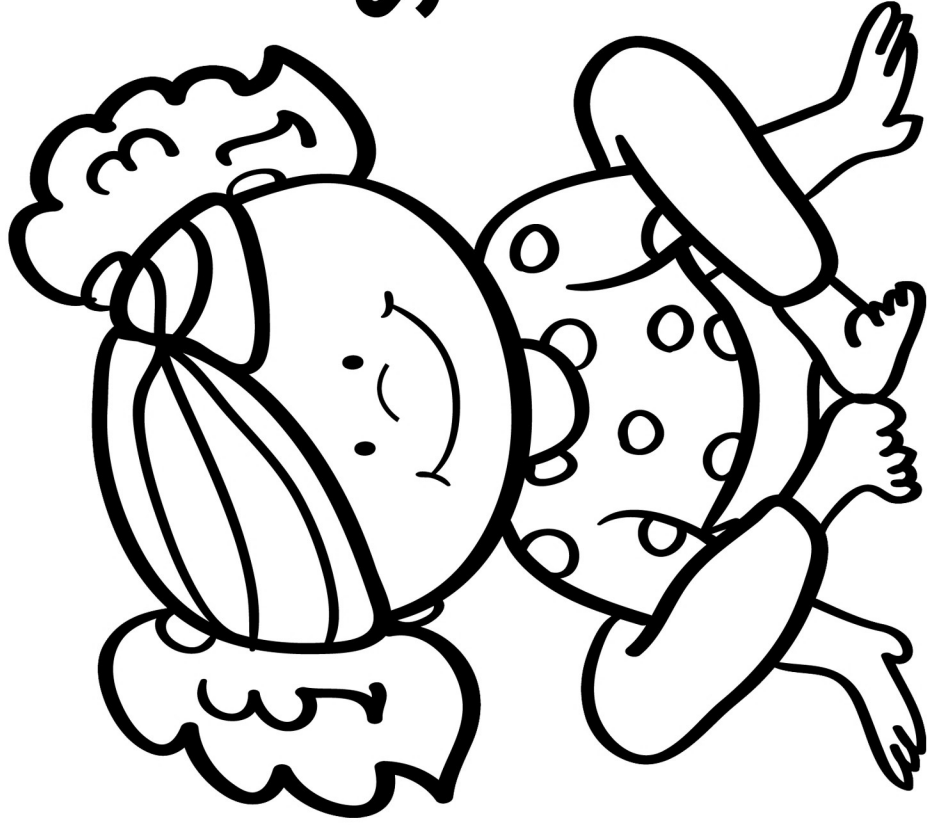
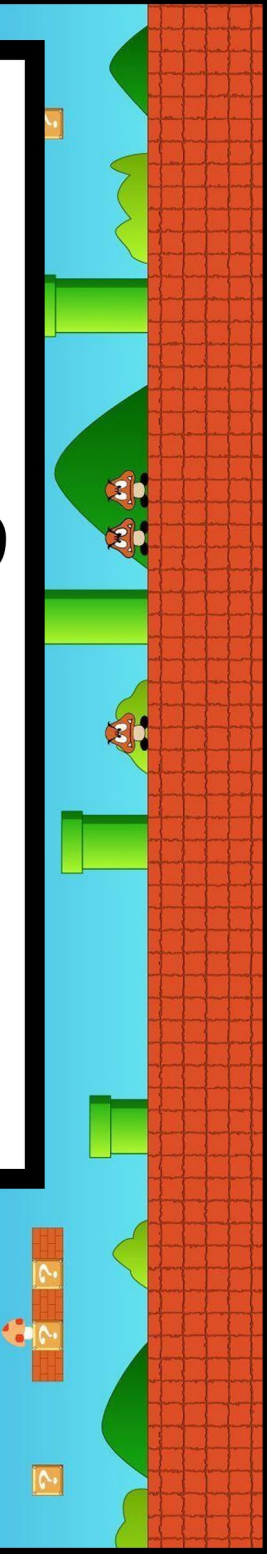


Mario's Yoga World

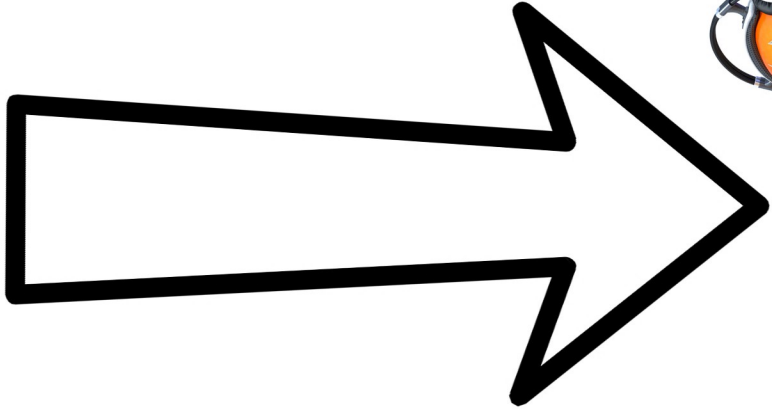
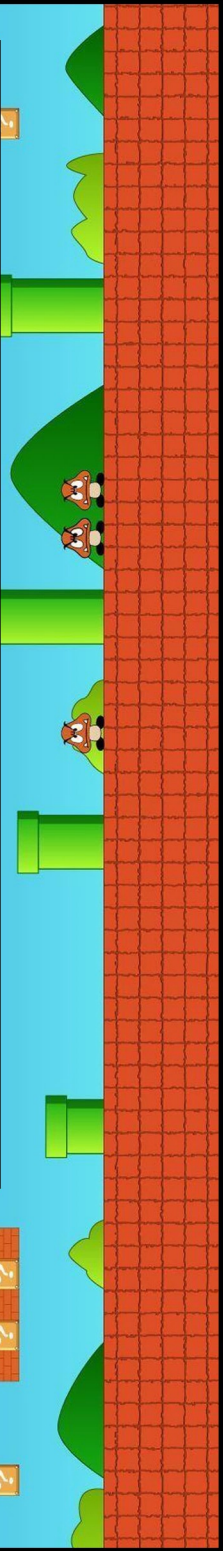


**Sit in Turtle
Pose for
three
breaths.**



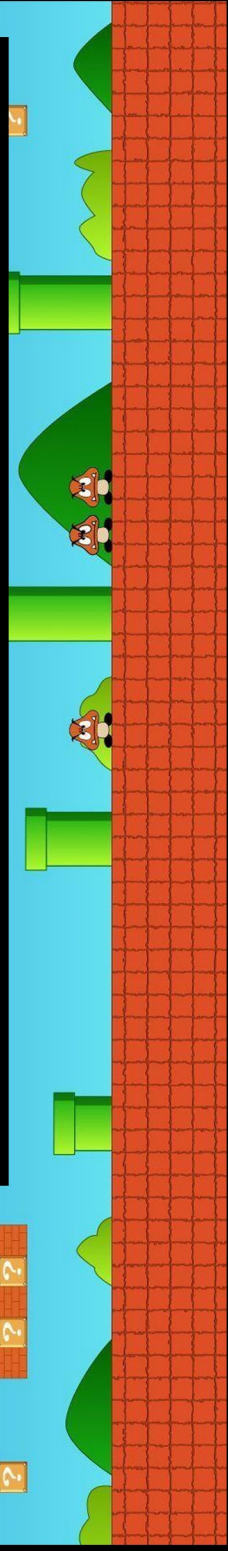
Koopa Troopa

Mario's Yoga World

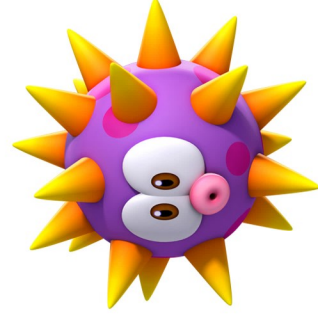


Move backwards 2 cards!

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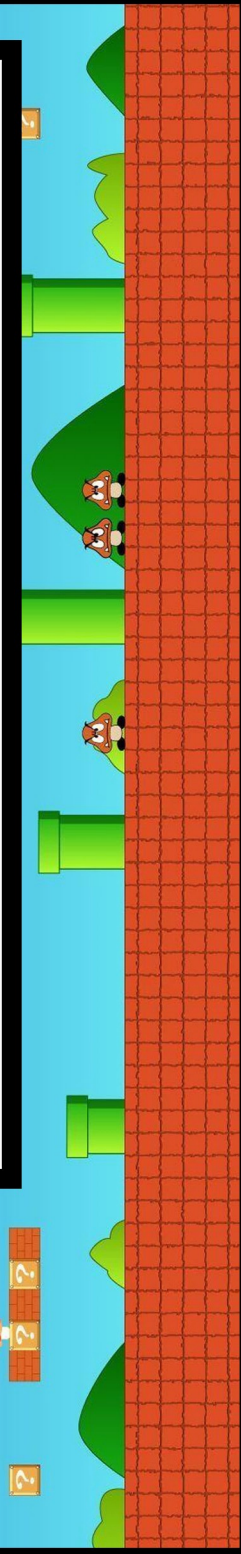


**Sit down in
Easy Pose and
do three
Balloon
Breaths.**

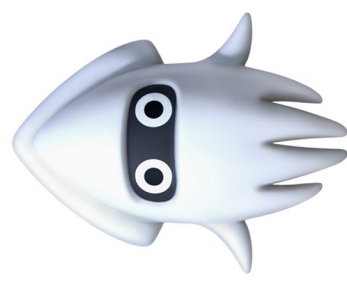
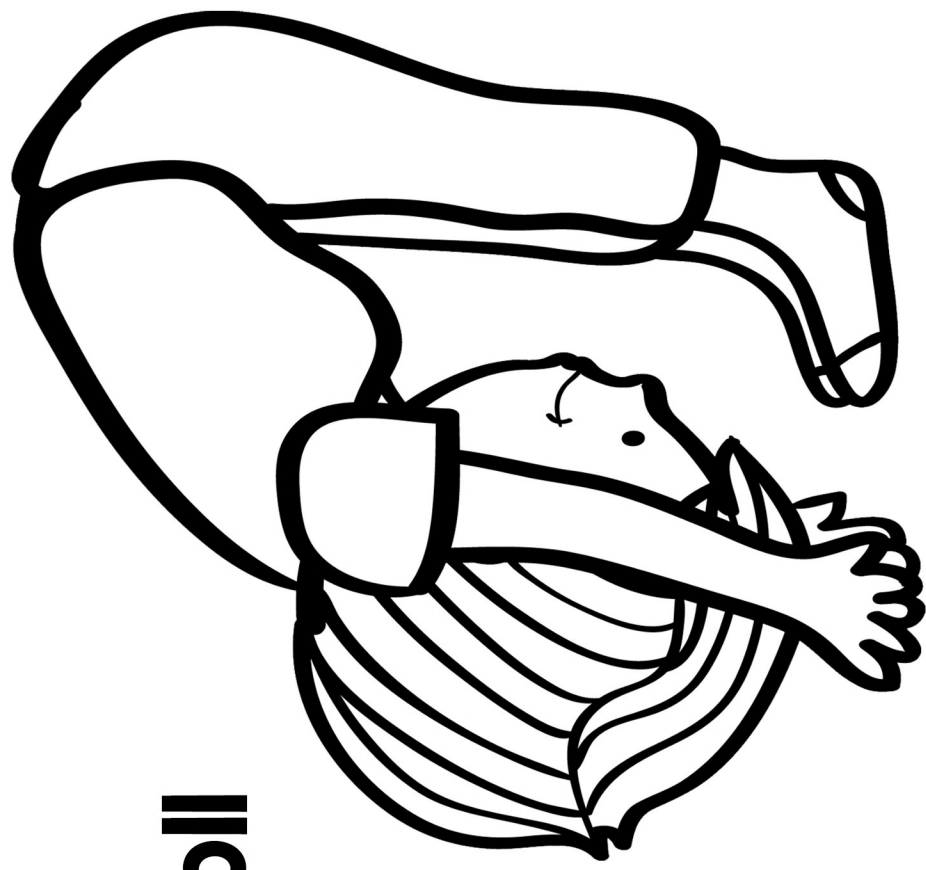


Porcupuffer

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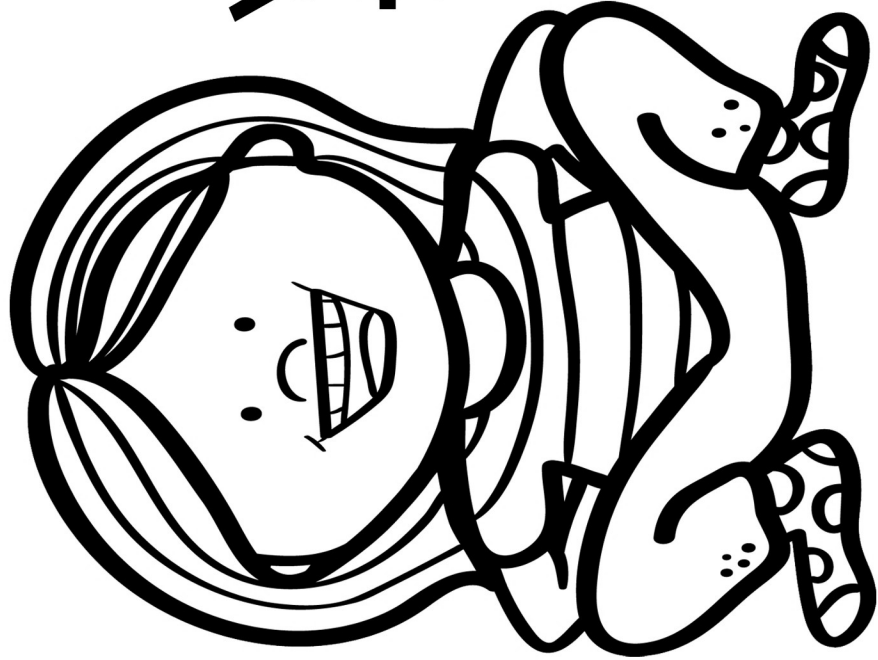
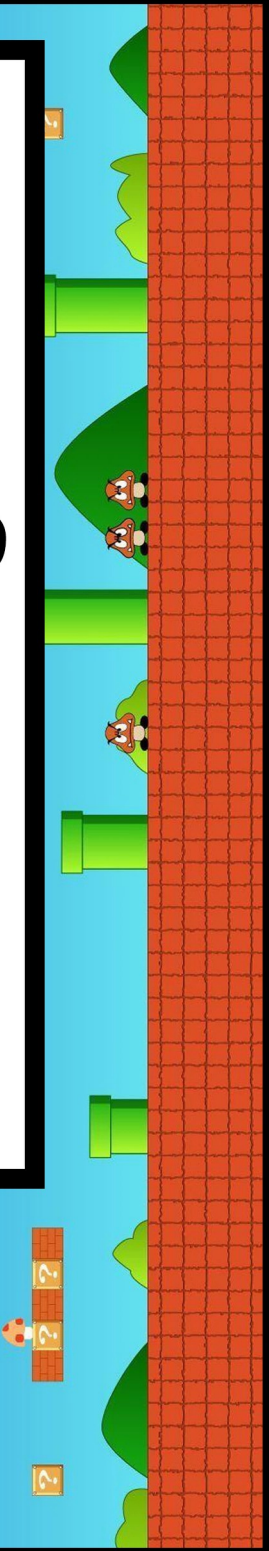


**Hold Rag Doll
Pose for
three
breaths.**

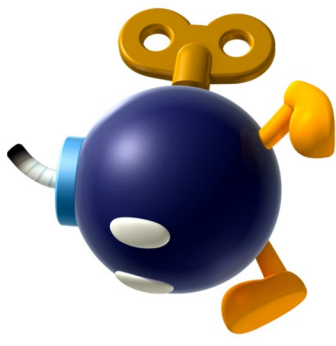


Blooper

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Stay in a
Yoga Squat for
three breaths.

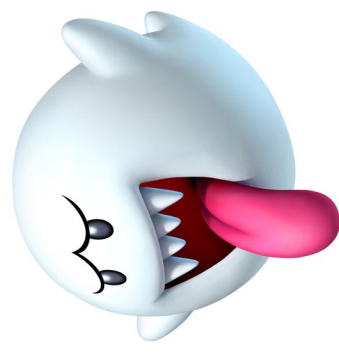


Bomb

Mario's Yoga World

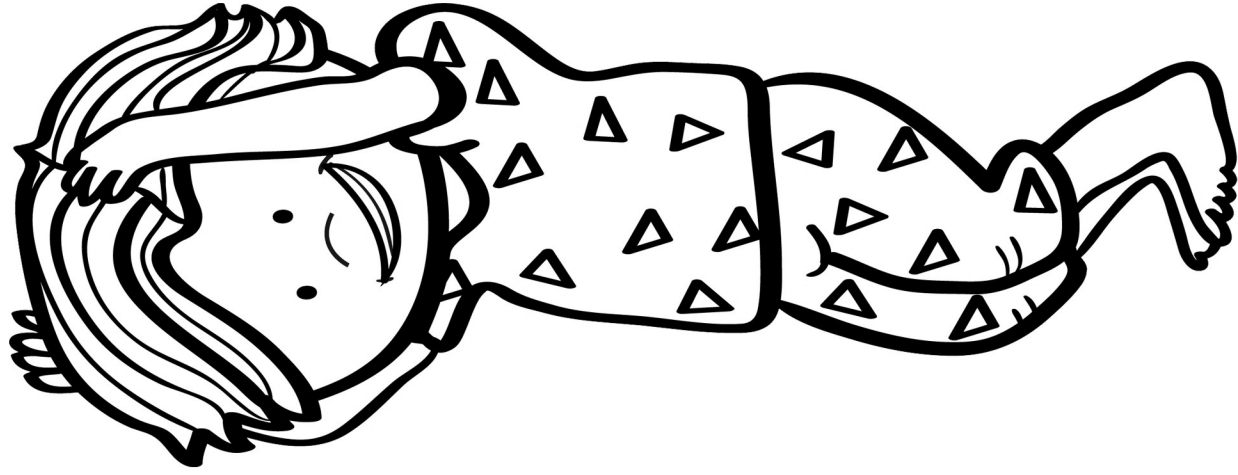


Take three
breaths in Lion's
Pose.



Boo

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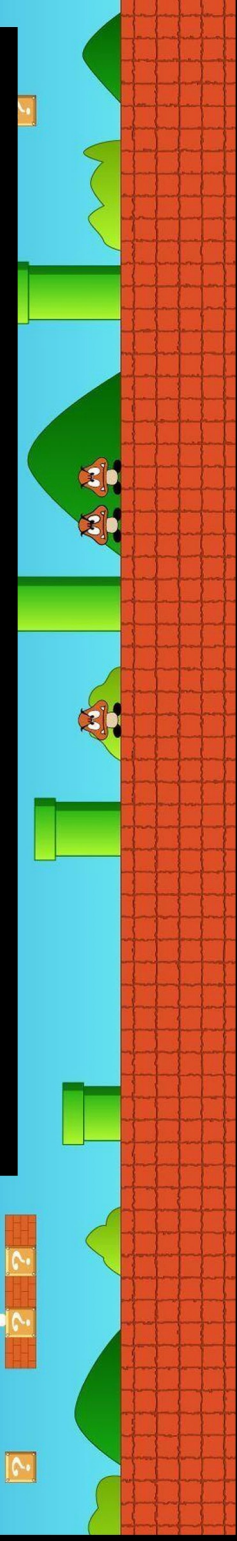


**Stand in Chair
Pose for
three breaths.**



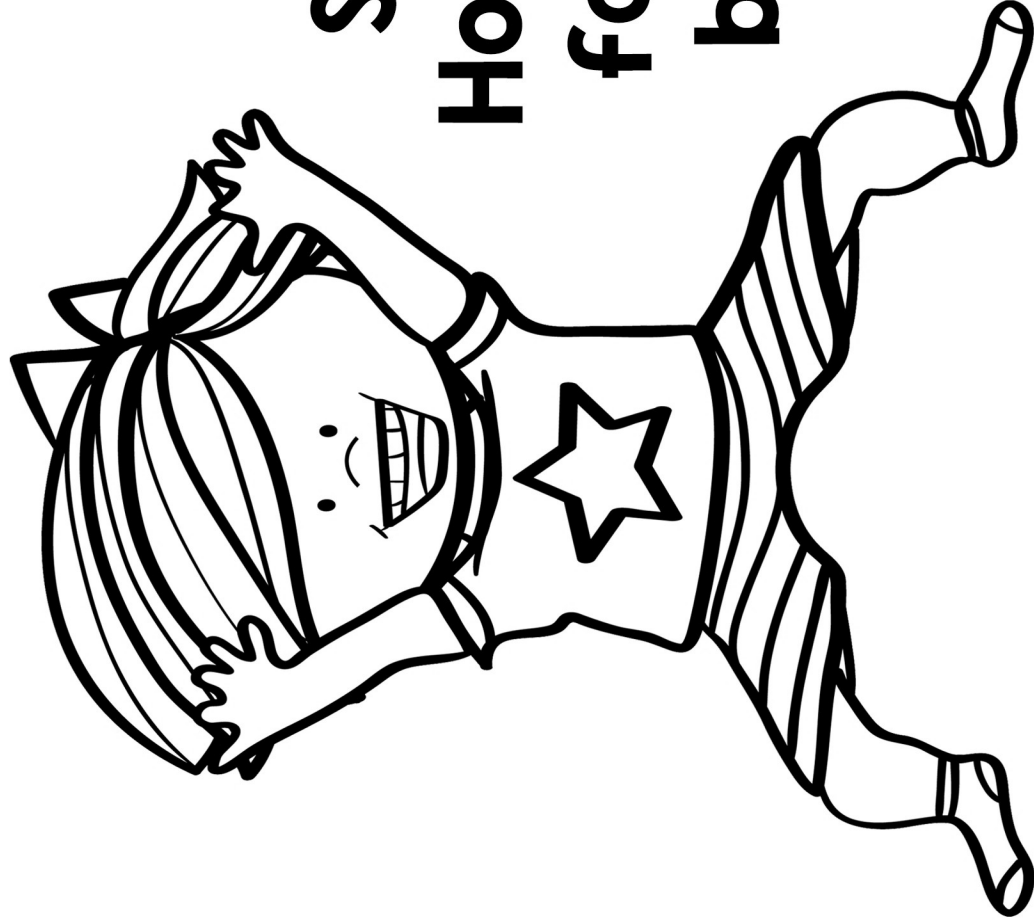
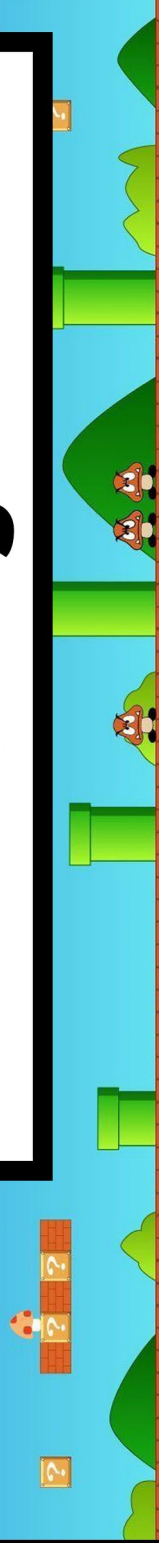
Yoshi

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**Yay! Gold coins! Reach up
with one arm and jump as
high as you can to tap
them. There are five coins,
so jump five times.**

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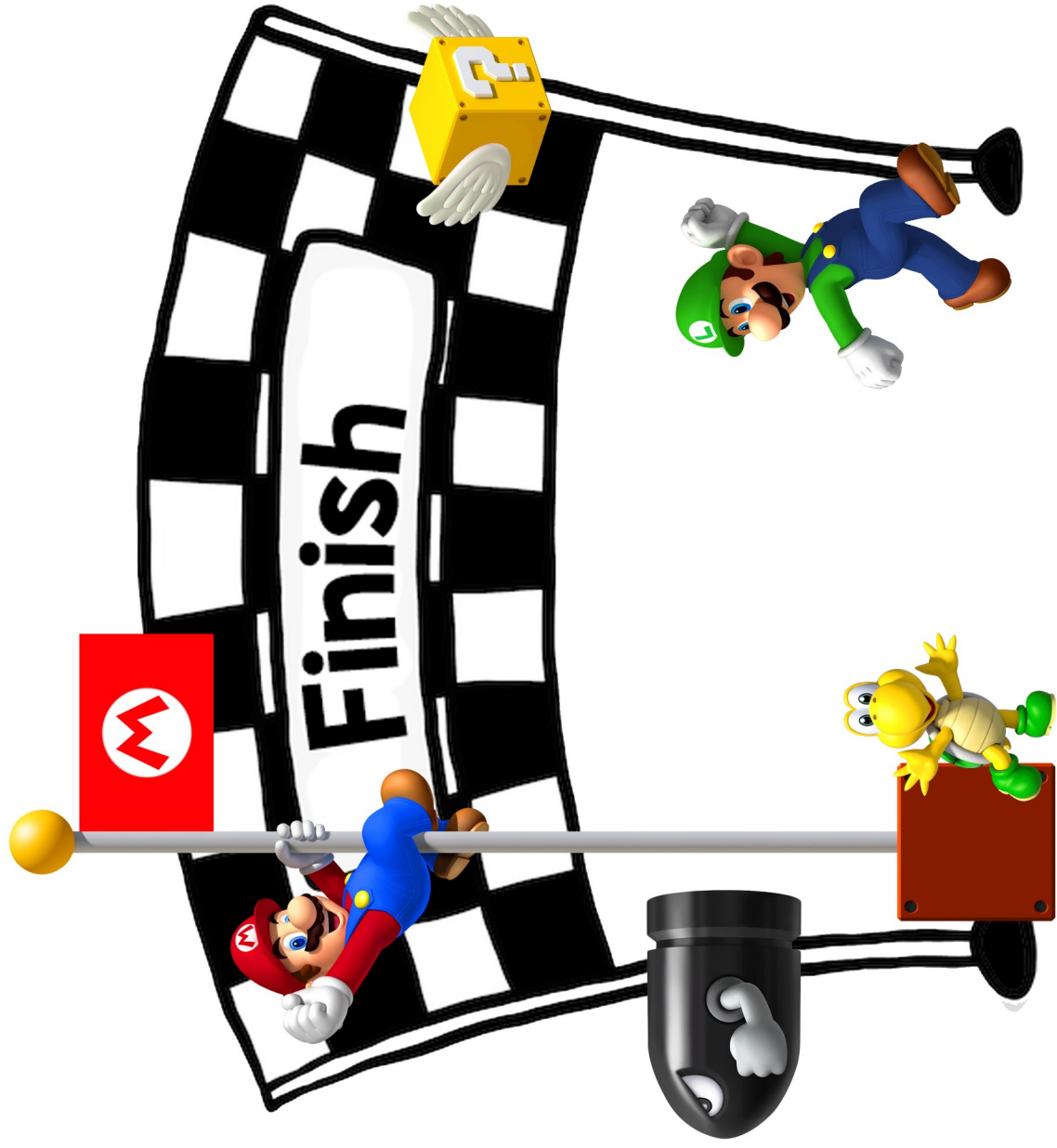


Stand in
Horse Pose
for three
breaths.

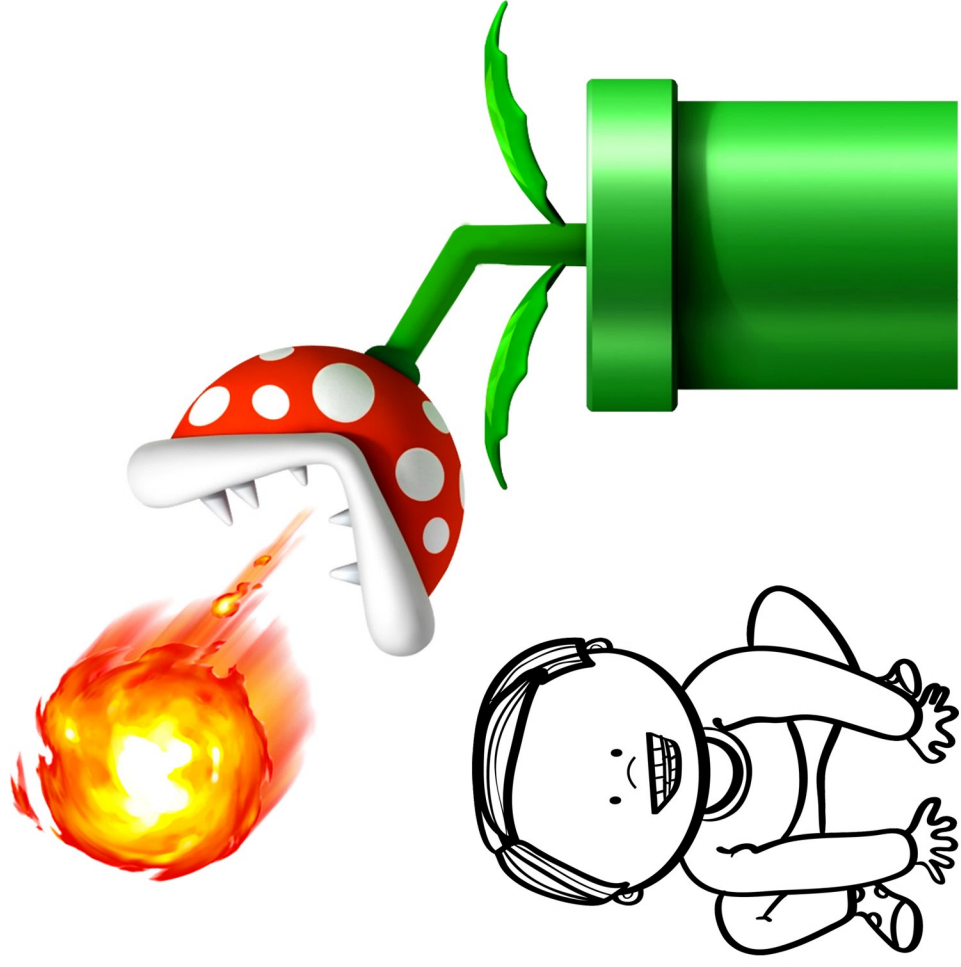
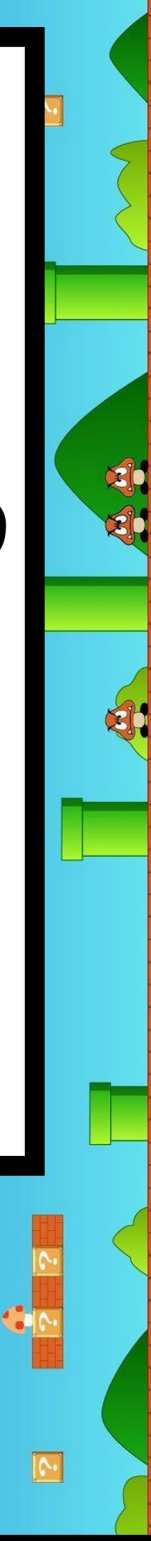


Donkey Kong

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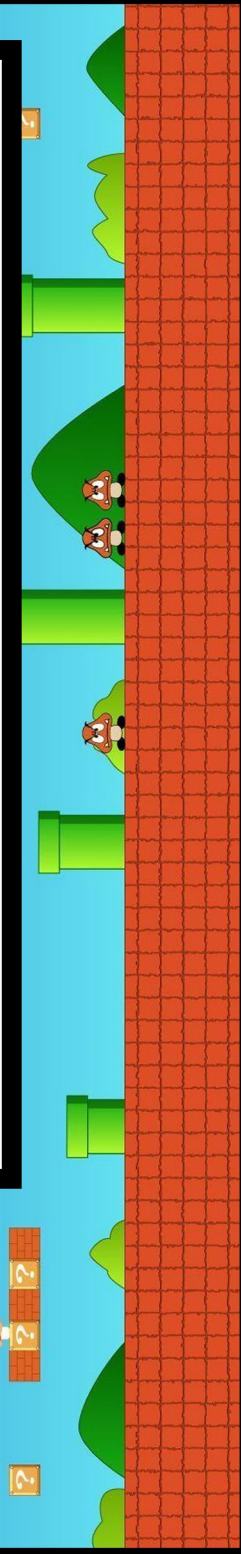


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**Quick! Dodge the fireballs
by squatting down to the
floor. Stand up and do it
again four more times.**

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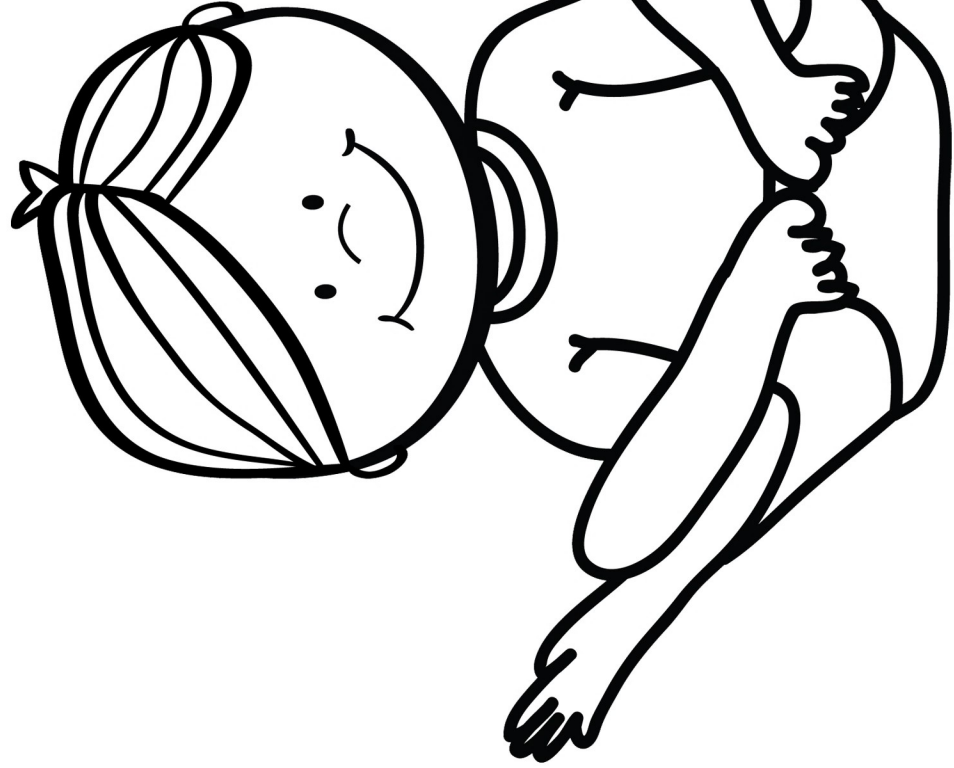
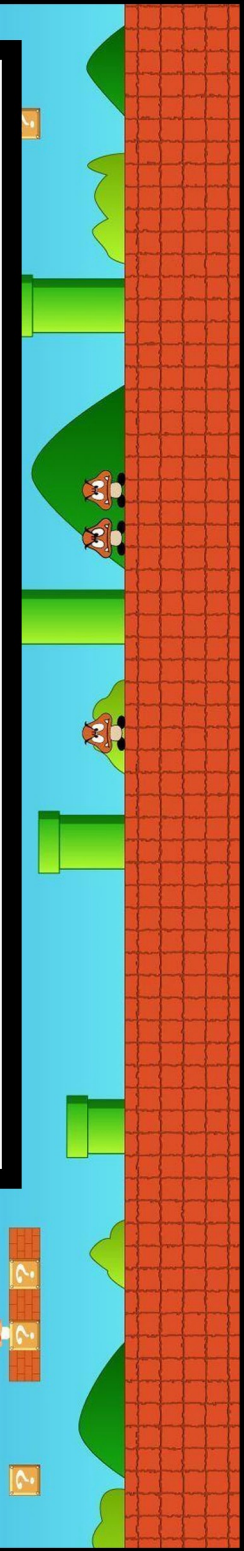


**Sit in Fish Pose
for three
breaths.**

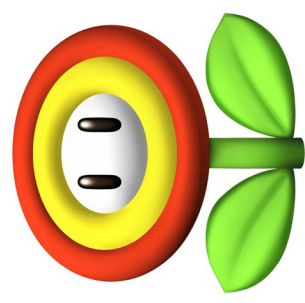


Cheep Cheep

Mario's Yoga World

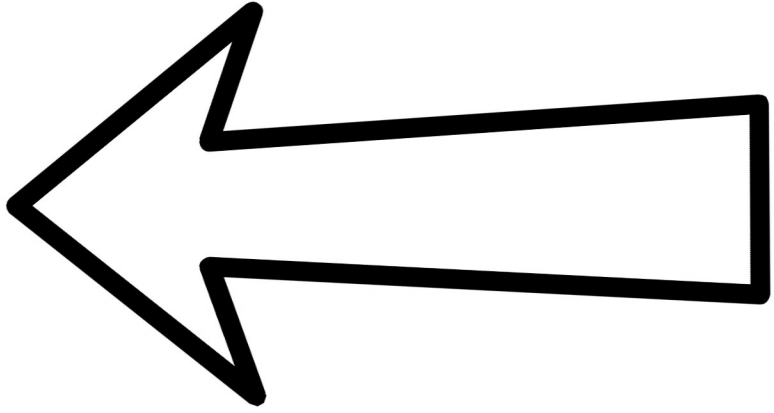
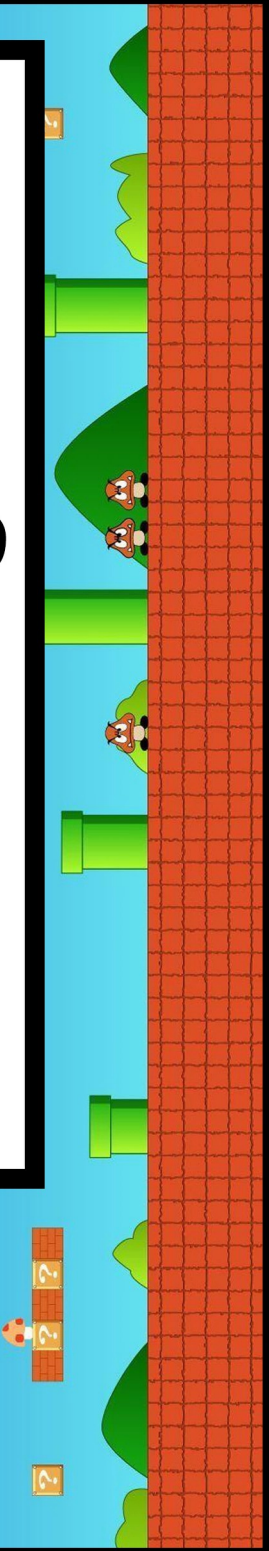


**See if
you can
balance in
Flower Pose
for
three
breaths.**



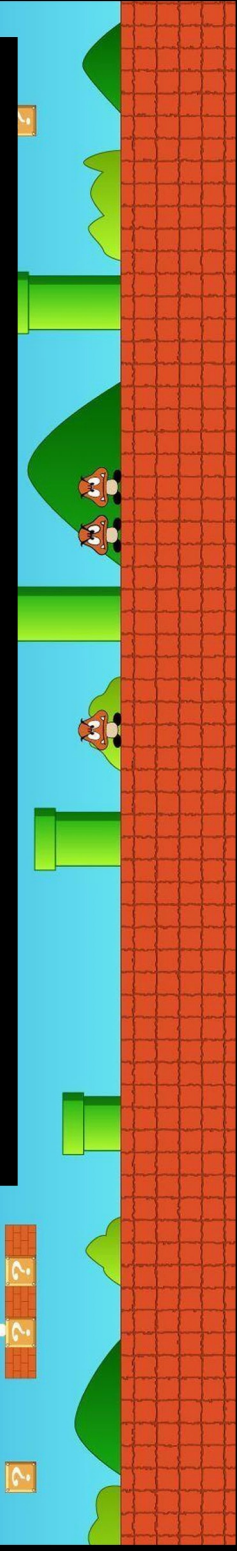
Fire Flower

Mario's Yoga World



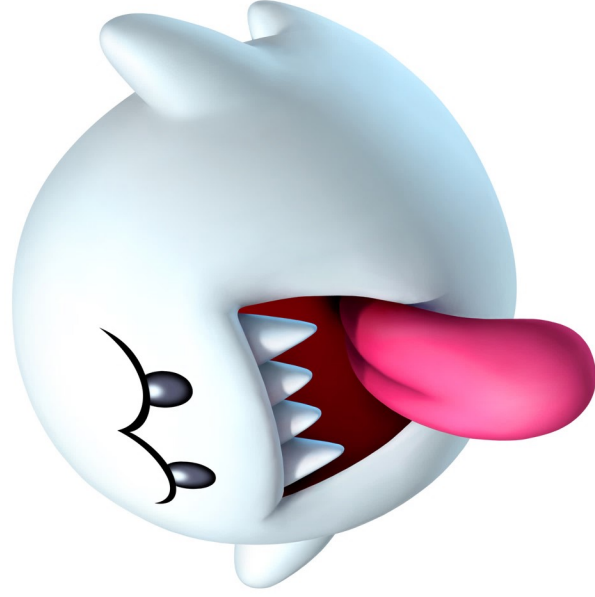
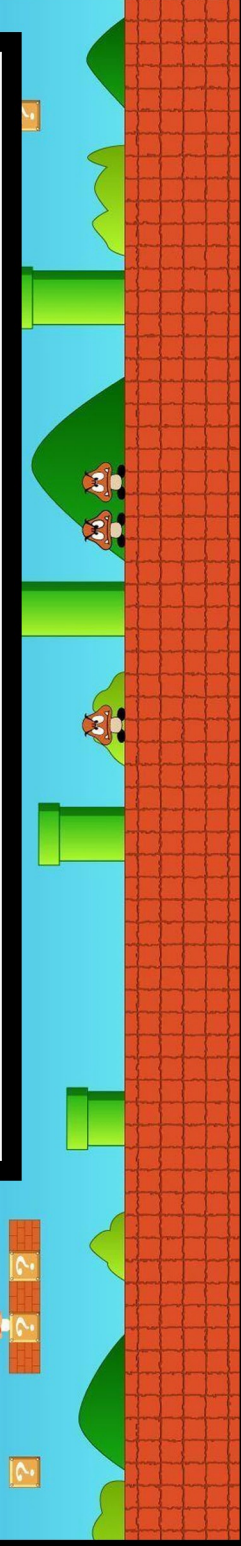
Move forward 2 cards!

Mario's Yoga World



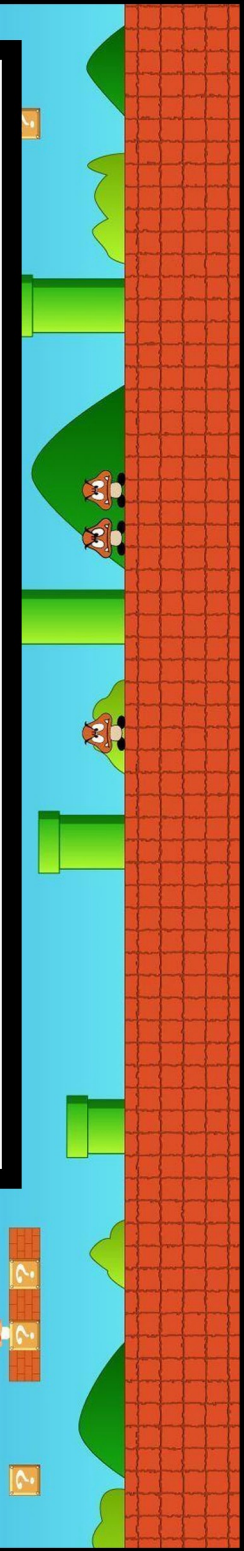
Uh-oh! You got frozen by touching an ice flower. Stop and freeze for the count of ten. No moving!

Mario's Yoga World



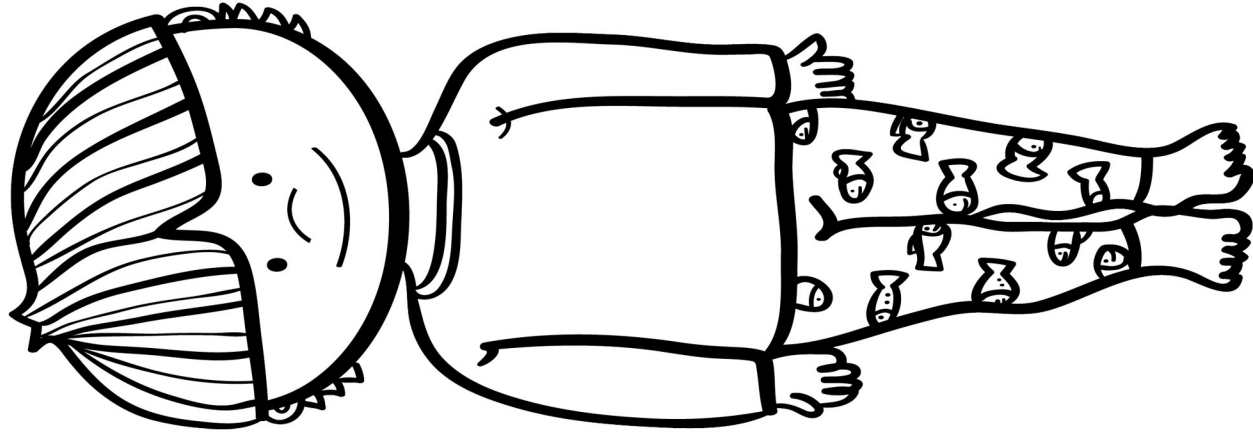
Oh, no! Ghosts! You have to look at them to keep them away. Stand up and face one direction. Now quickly jump and turn around to look at one behind you. Do it five times.

Mario's Yoga World

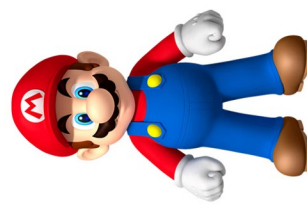


Go back to Start.

Mario's Yoga World

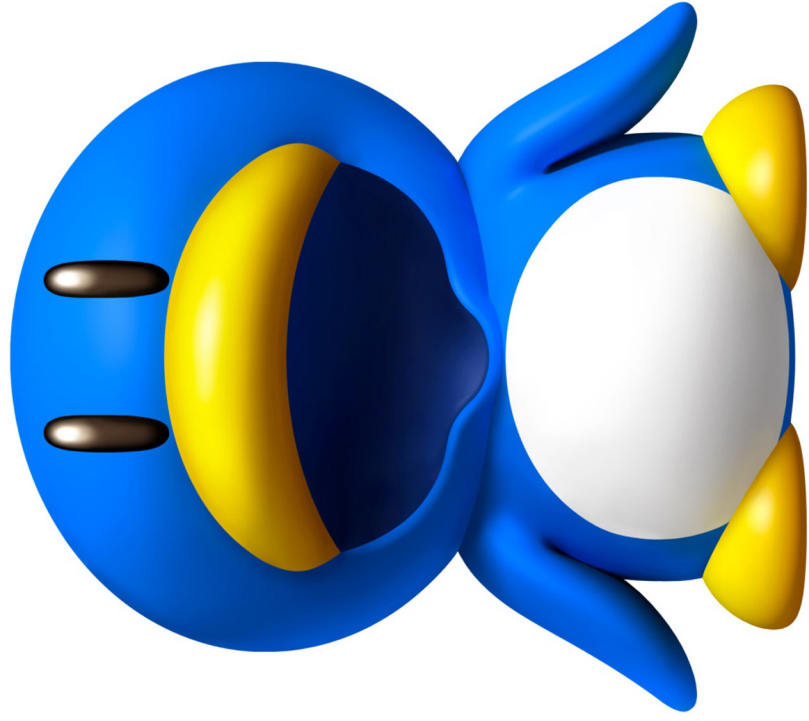
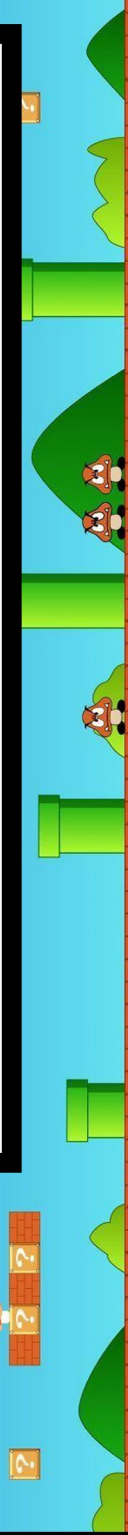


**Stand in
Mountain Pose
for three
breaths.**



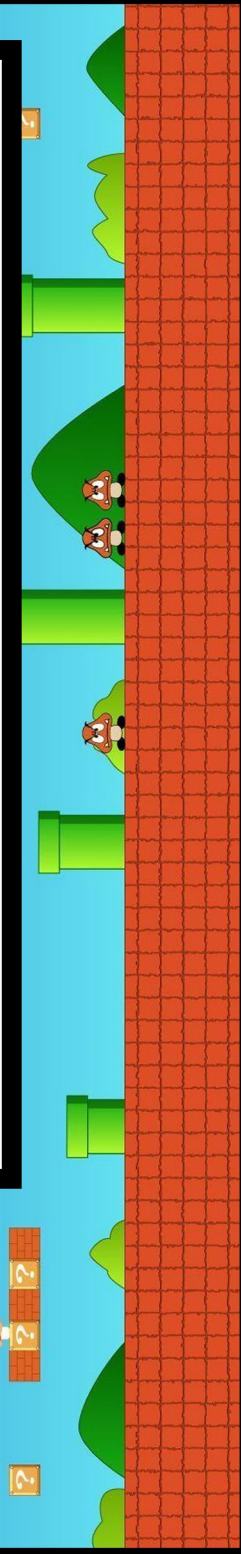
Mario

Mario's Yoga World



Yay - a penguin suit! Put it on so you won't slide on the ice! Waddle like a penguin for the count of ten.

Mario's Yoga World



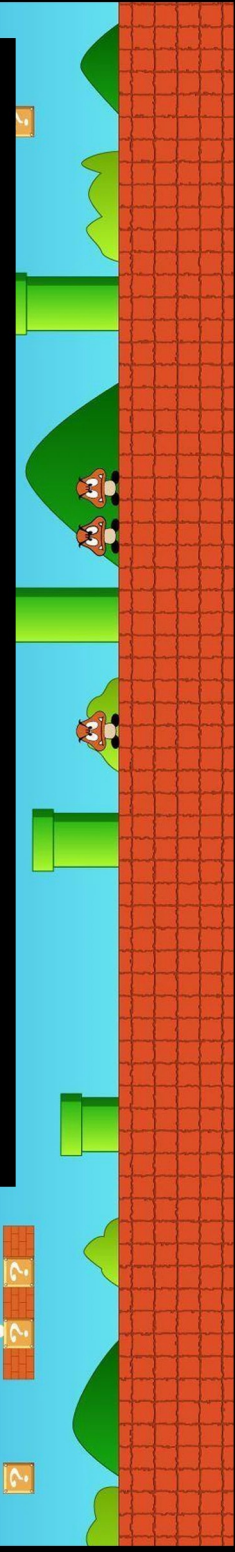
**A pipe tunnel! Get down on
your hands and knees and
crawl through for the count
of five.**

Mario's Yoga World



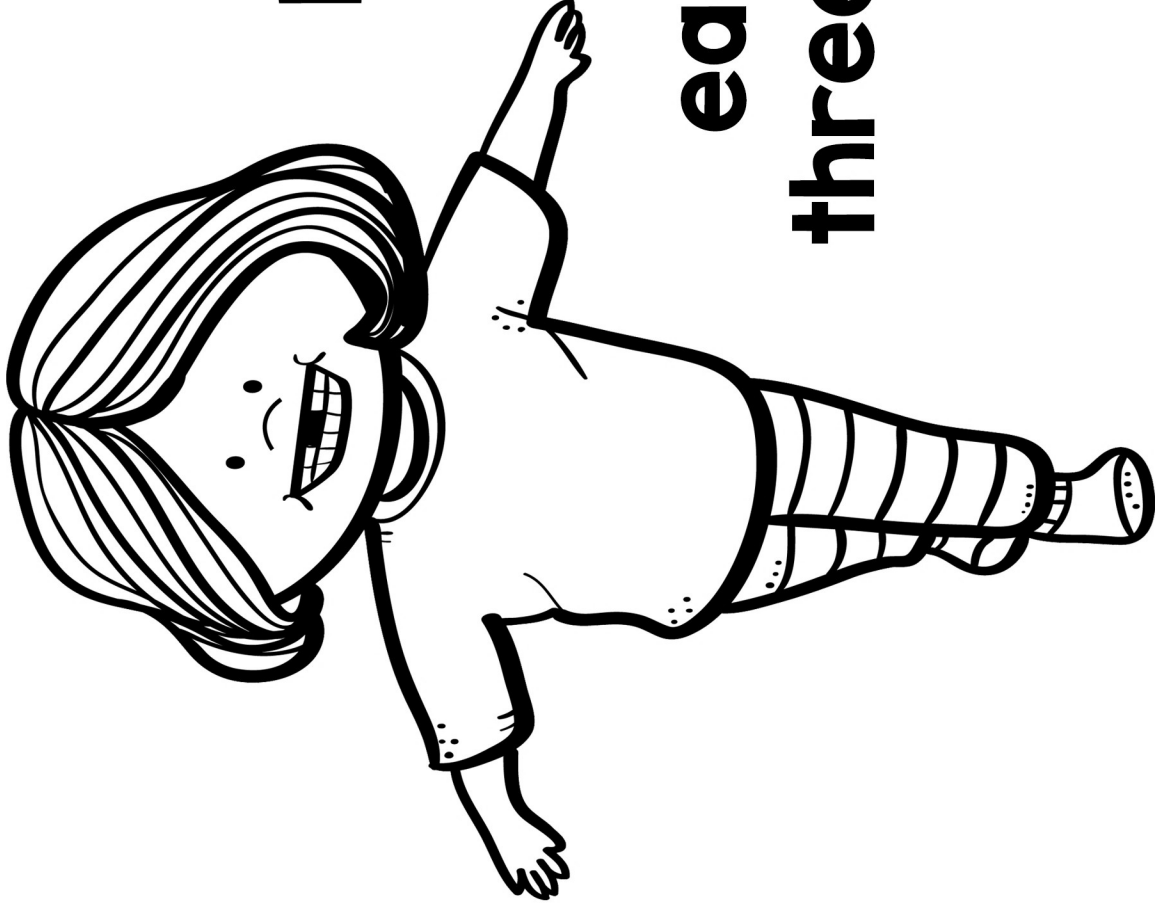
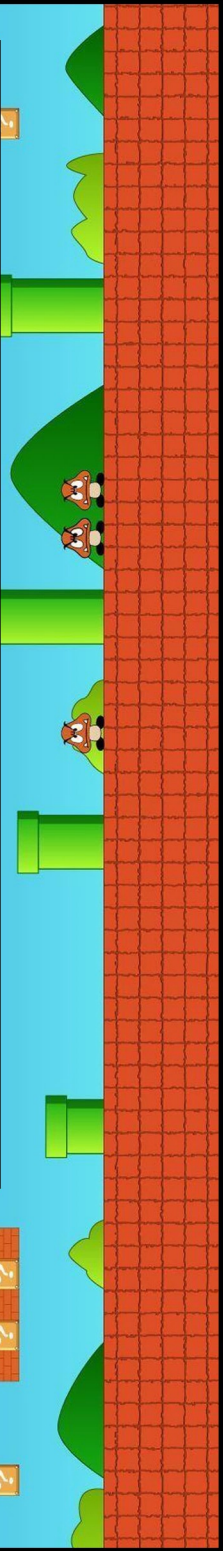
**Oh, no ... Piranha Plants!
They love to bite, so you
have to jump over them as
high as you can. There are
three of them, so do three
high jumps.**

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**A giant Porcupuffer is swimming up behind you!
Quick - move your arms like you're swimming for the count of ten to get away!**

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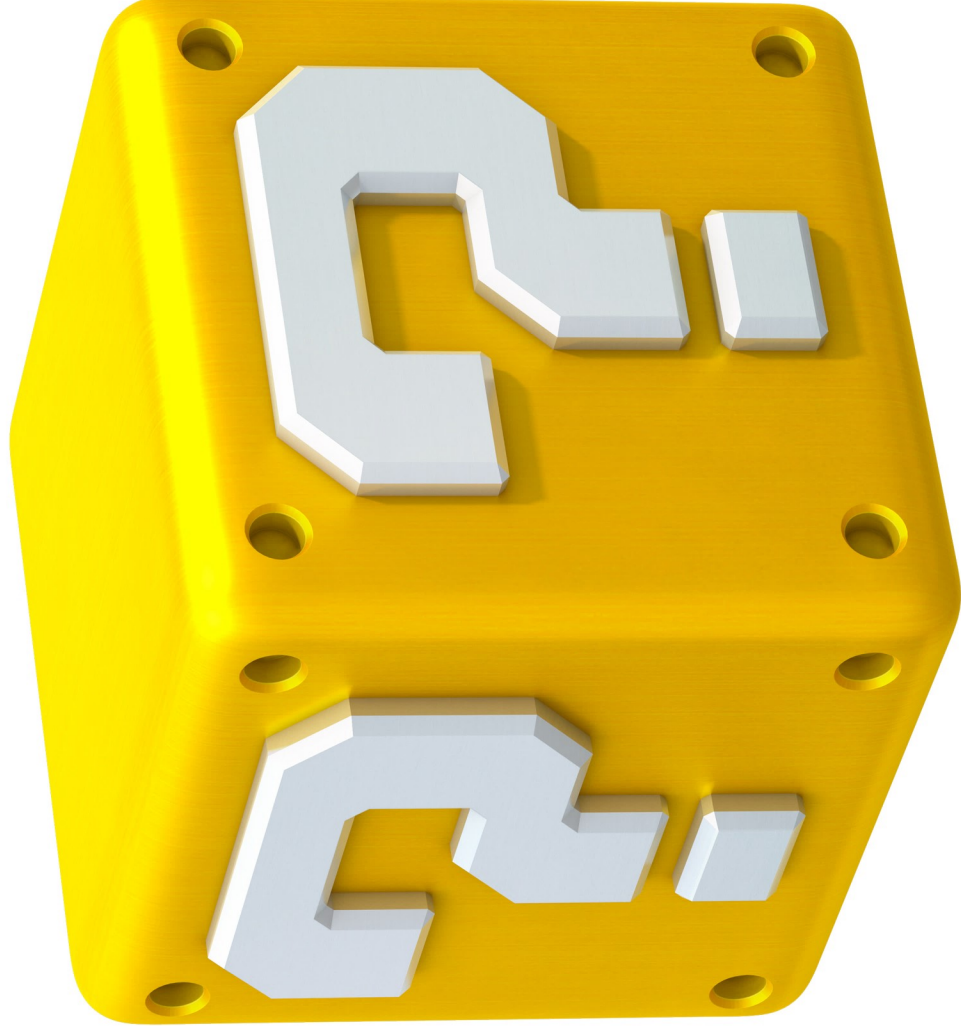
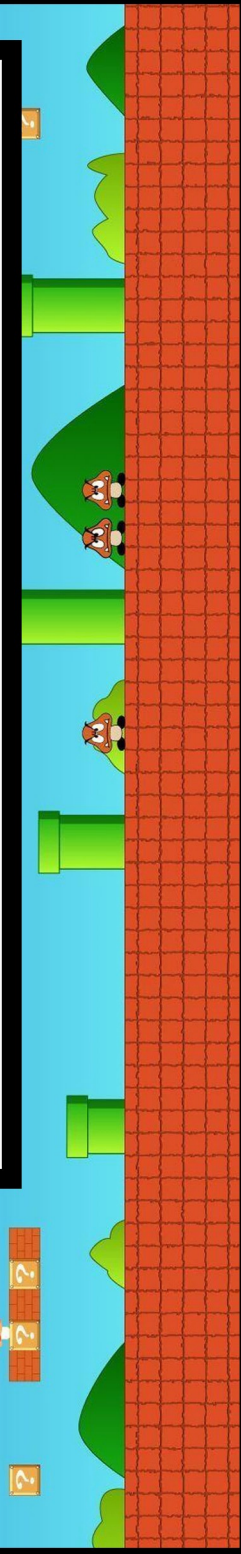


**Balance in
Airplane
Pose on
each leg for
three breaths.**



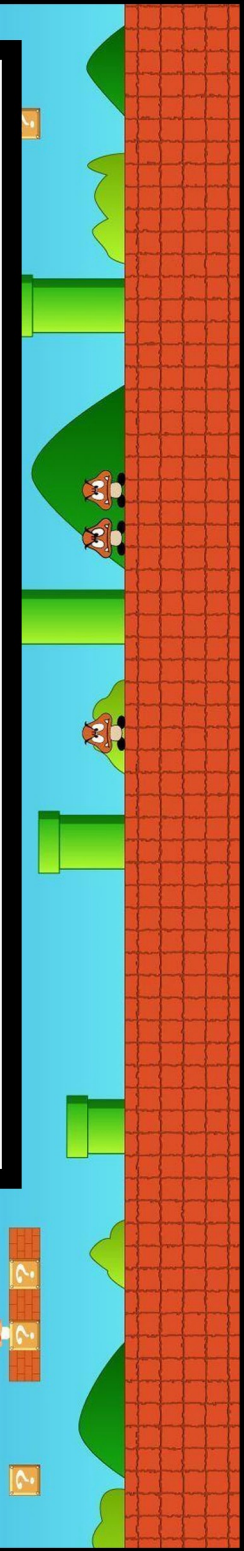
Propeller-Mario

Mario's Yoga World

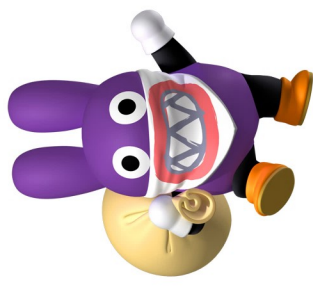
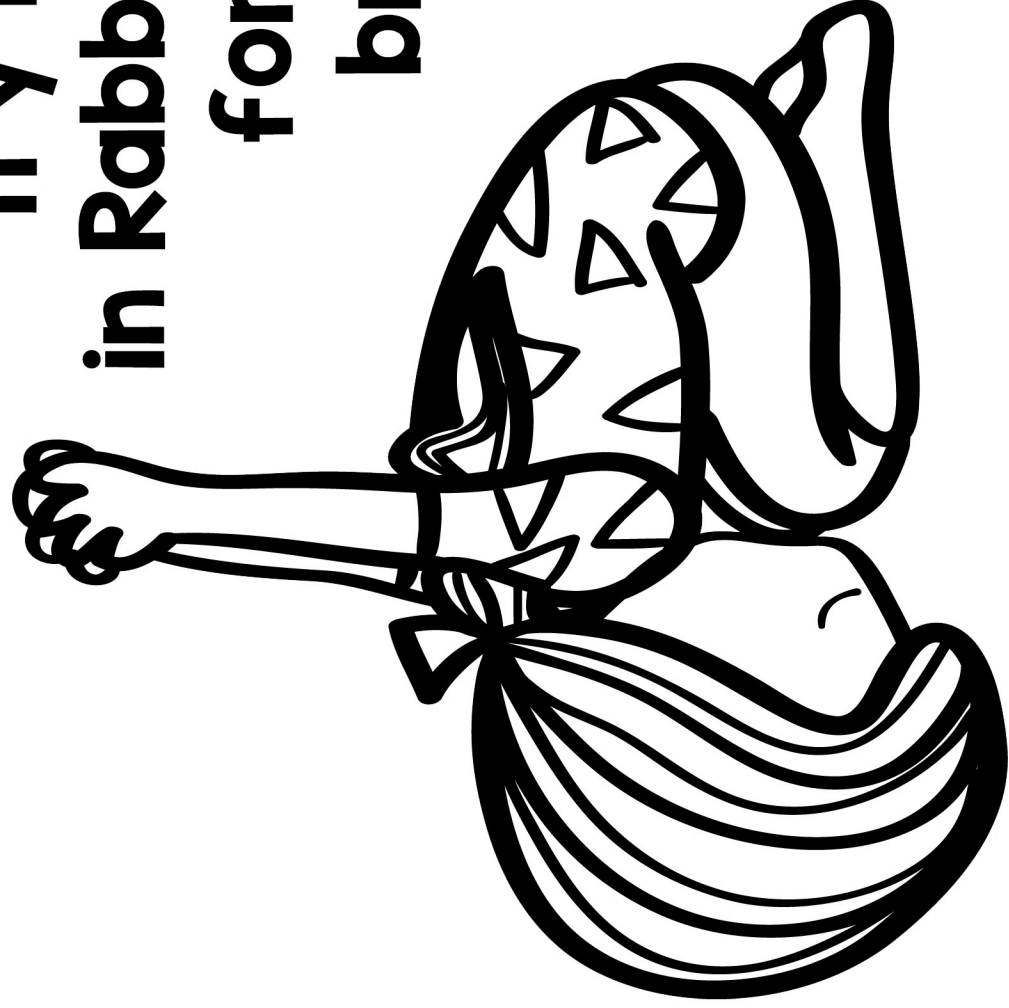


**A Question Box! Draw a
card and see what your
mystery activity is ...**

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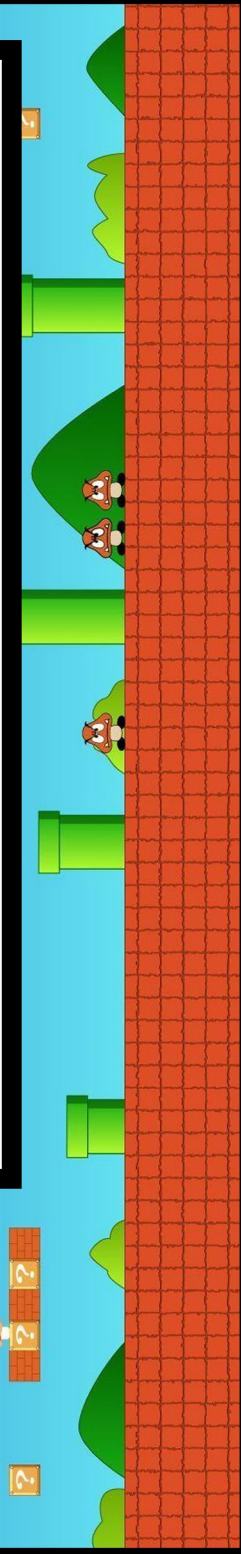


**Try to stay
in Rabbit Pose
for three
breaths.**

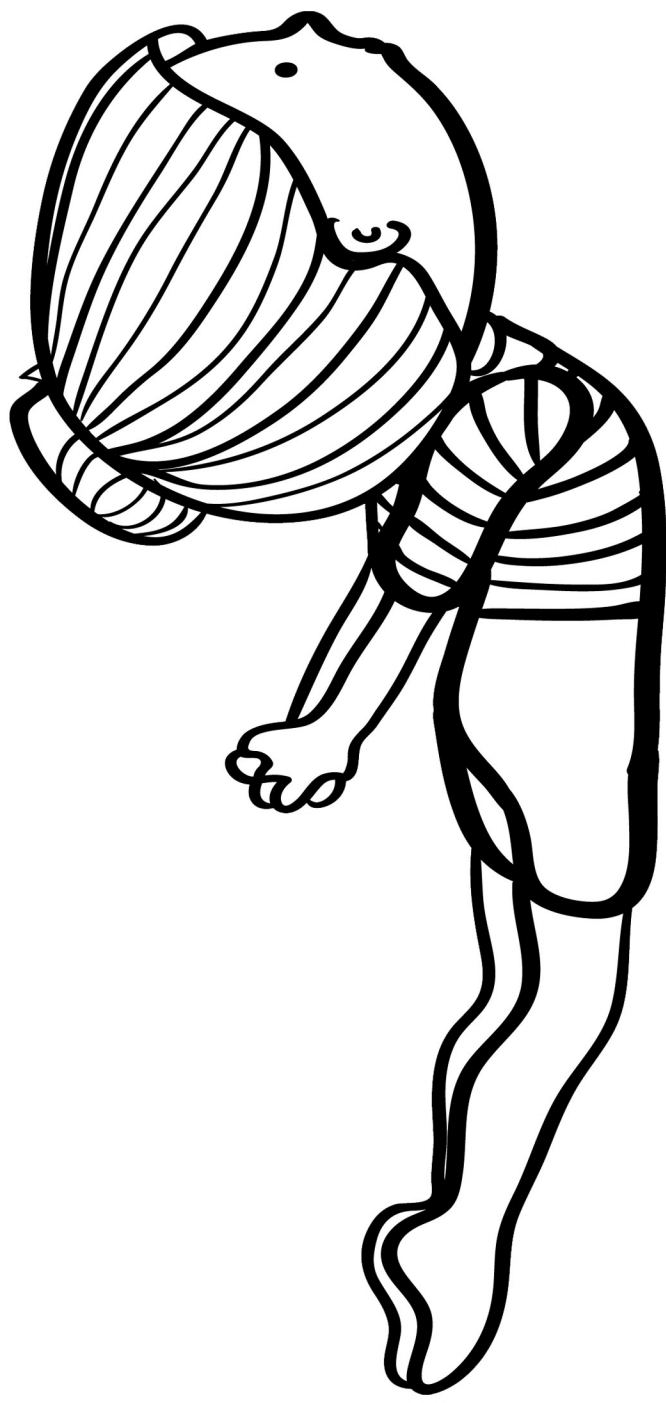


Nabbit

Mario's Yoga World

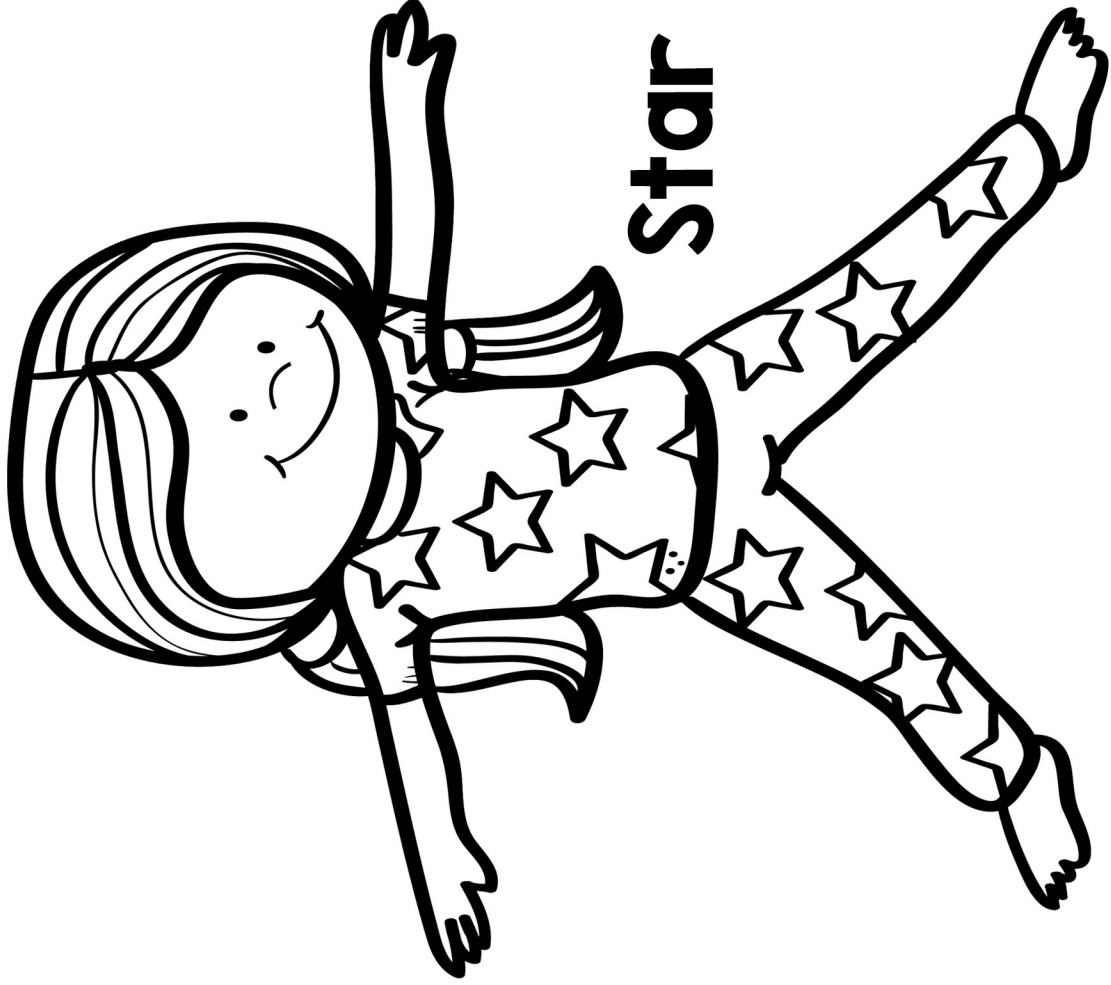


**Try holding Shark Pose for
three breaths.**



Bullet Bill

Mario's Yoga World

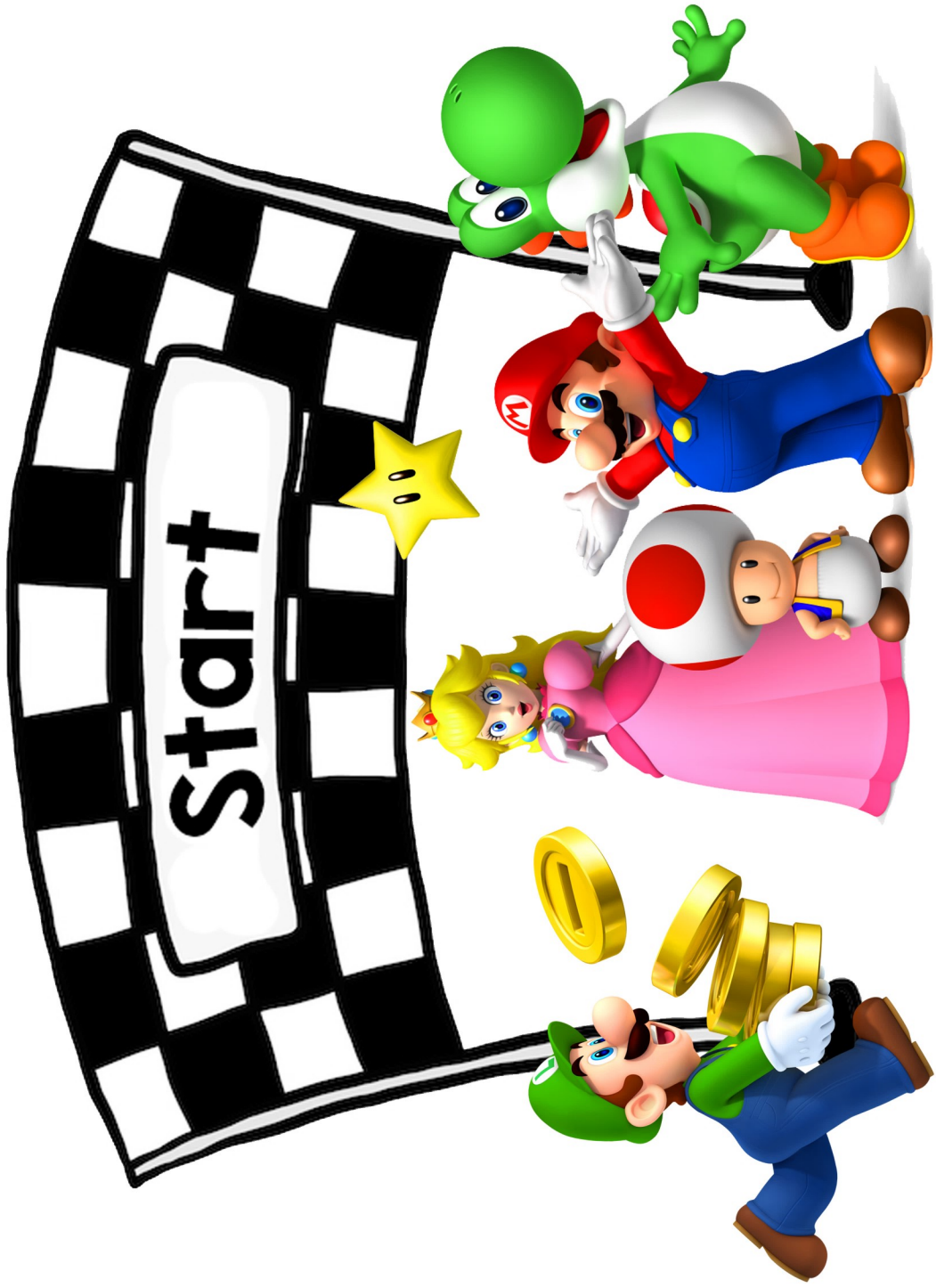


Stand in
Star Pose for
three
breaths.

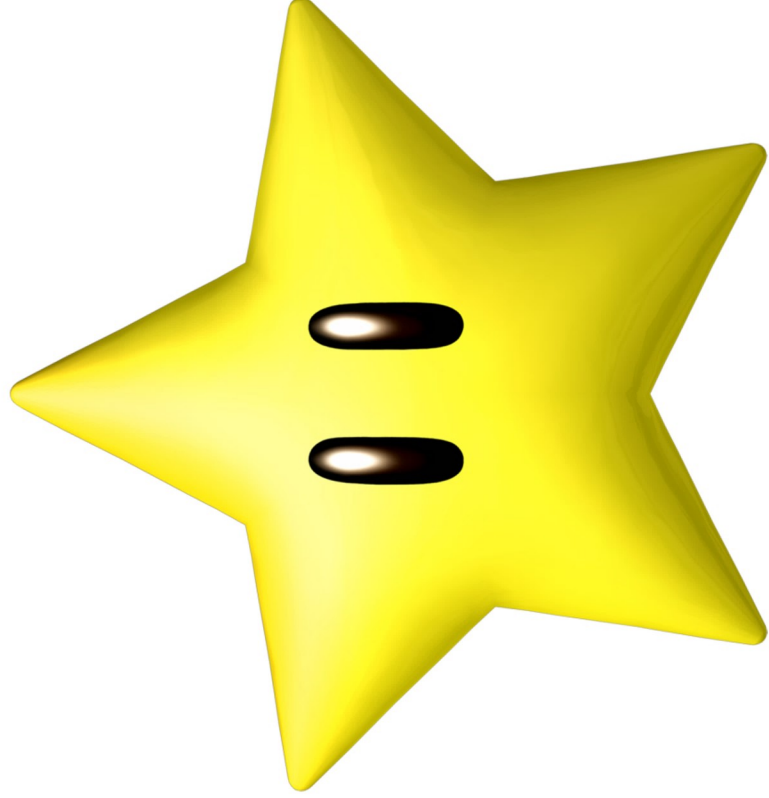
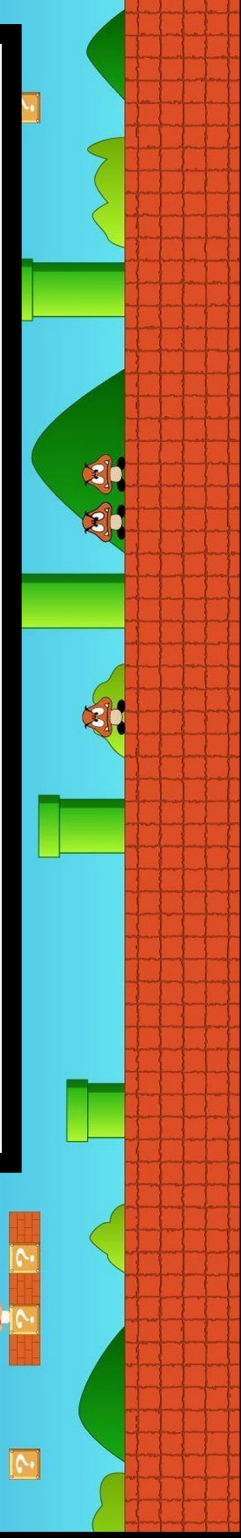


Super Star

Mario's Yoga World

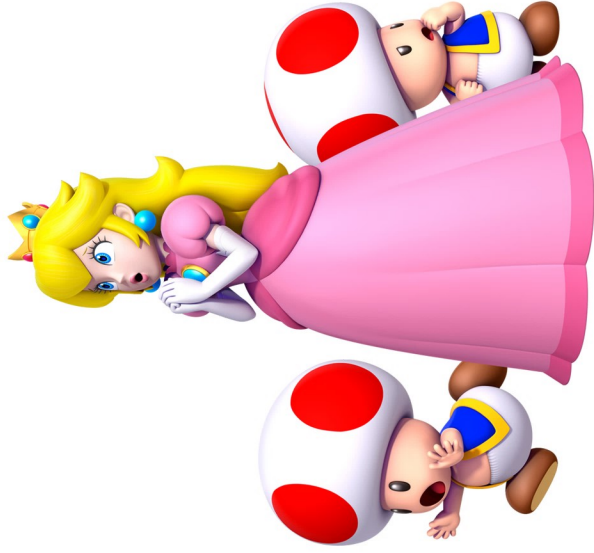
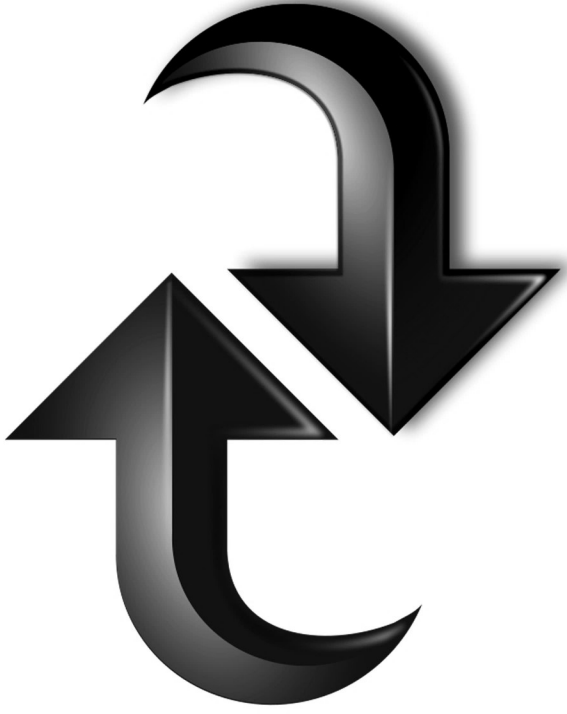
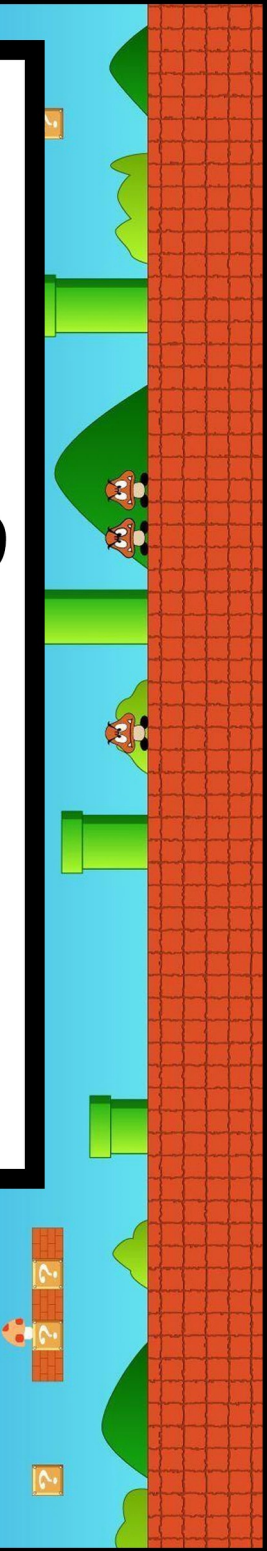


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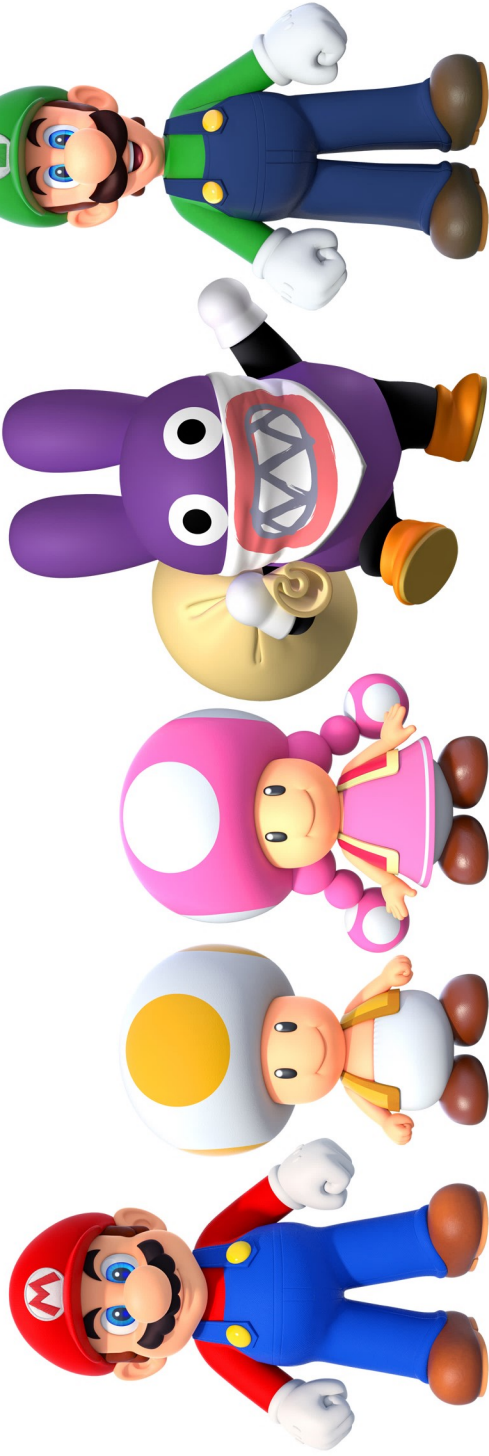
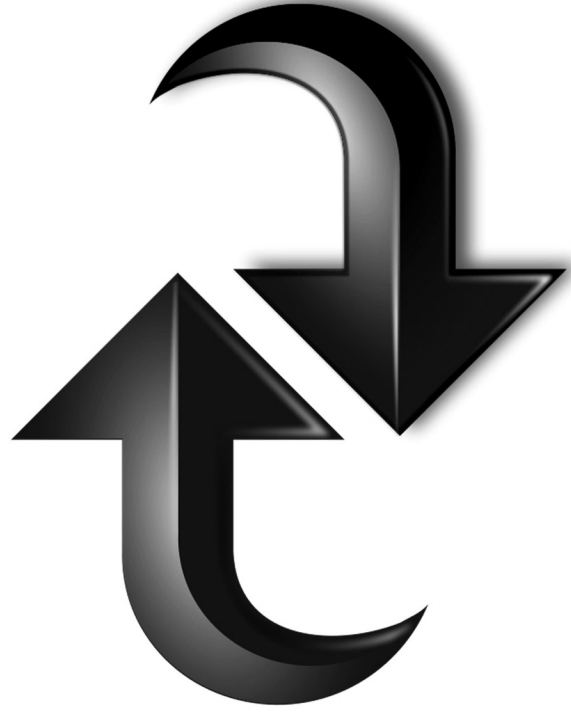
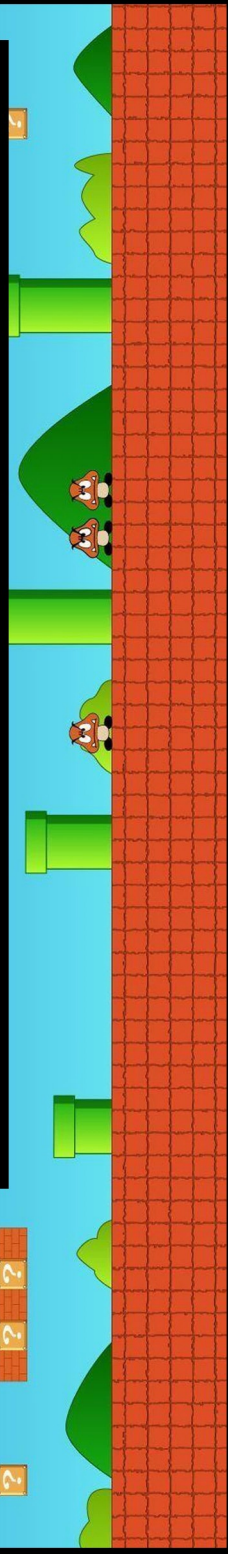
**Yay - a super star! It
makes you invincible and
able to run super fast.
Quickly jog in place for the
count of ten.**

Mario's Yoga World



**Trade places with the yogi
behind you!**

Mario's Yoga World



**Trade places with the yogi
in front of you!**