



Lilly's Valentines

Lilly was so excited for Valentine's Day - It was **RIGHT** around the corner!

Lilly decided she had better get **RIGHT** to work on making Valentines for all of her friends! First, she made a list of all of the friends she was going to give cards to ... she double checked her list to make sure nobody was **LEFT** out!

Then, she got busy making her cards.

Lilly cut out hearts and glued some on the **RIGHT** side of each card. Then, she put some glitter on the **LEFT** side of each card. Lilly wrote "Happy Valentine's Day!" **RIGHT** in the middle of the cards - but she also **LEFT** some room to draw special pictures for each friend around the words.

When she was finished, Lilly gathered all of her Valentine cards and put them **RIGHT** into her bag.

The next day, she walked to school with her Valentines. Lilly's school was very close to her house ... it was on the **LEFT** side of the street, **RIGHT** next to the ice cream shop!

When she got to her class, her teacher, Mrs., **RIGHTeous**, told the kids to go ahead and pass out their Valentines to their classmates ... Lilly got **RIGHT** to work! When no Valentines were **LEFT**, Lilly sat down at her desk to find a huge pile of Valentines **LEFT** for her! She thought, "I'm **RIGHT!** Valentine's Day IS the best!"

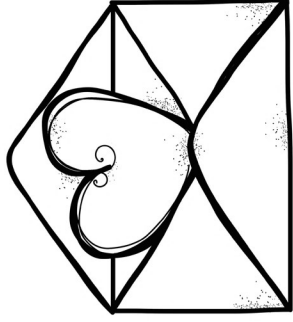
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Valentine Left/Right Game

There are a few different ways you can use this story ...

- 1) If your kiddos need to blow off a little energy, line them up in the middle of the room and read this story out loud to them. Tell the kids that when they hear you say the word "LEFT", they have to run (or walk or slide, or dance ... whatever you want) to the LEFT-side of the room. And, when they hear you say the word "RIGHT", they have to move to the RIGHT-side of the room. Read it slowly and emphasize the "LEFT"s and "RIGHT"s so they hear them.
- 2) If you'd like to add a yoga-spin to this game, you can have the kids get into a yoga pose (like Tree Pose), and then have them switch their balancing foot to the one you say. For example, they stand on their RIGHT foot in Tree Pose until they hear you say the word "LEFT" in the story, and then they have to switch to balance on their LEFT foot). Does that make sense?
- 3) Have the kids sit in a circle and give them each something to hold on to with their feet in Boat Pose (like a ball or stuffed animal). Read the story and have the kids pass their item to the person on their LEFT or RIGHT according to what they hear you say in the story. For example, everybody holds a stuffed animal between their feet in boat pose ... they hear you say the word "RIGHT" in the story, so they have to pass their stuffed animal **WITH THEIR FEET** (while in Boat Pose) to the person on their RIGHT).

Try it and let me know how it goes! Hope you can use! :)



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